



Life Activities Evaluation©

This evaluation will provide insight into the level of assistance that a senior loved one may require. For each listed activity, check the box that most closely represents the ability level of the loved one being evaluated. Use the completed evaluation as a starting point when considering how best to provide your loved one with the assistance he/she requires to stay safe and secure. Complete the form online and then click print in the menu bar to print a copy.

NOTE: This form requires Adobe Acrobat Reader software for viewing and printing.

Activity	Requires No Assistance	Requires Minimal Assistance	Requires Moderate Assistance	Totally Dependent	Notes
Toileting					
Bathing					
Routine Grooming					
Dental Care					
Dressing					
Walking					
Transferring					
Climbing Steps & Stairs					
Food Prep & Cooking					
Eating					
Housework / Using Vacuum					
Doing Laundry & Ironing					
Using Telephone					
Performing Lawn & Garden Activities					
Driving					
Shopping & Other Errands					
Managing Medications					
Managing Financial Affairs					